



LAKE CENTRAL HIGH SCHOOL SPORTS CAMPS



Volleyball Middle School Prep Camp

This session is designed to prepare incoming 7th and 8th graders attending Lake Central district middle schools prepare for upcoming try-outs.

The main objective for this session will be to help players improve their skills as they try out for their middle school team. Most middle school will be helping run the camp for their own perspective program.

All players will be taught the basic skills as well as team defense and offense.

August 4th - 6th, 2022

Grades and Times:

7th Grade | 10:30am - 12:30pm

8th Grade | 12:30pm - 2:30pm

Cost: \$80

[Register](#)

Bring: Towel and water

Please contact Coach Nizam at Nnizam@lcscmail.com if you have any questions.